

What is the Sensory Room?

The Sensory Room is a space to help calm, focus or stimulate its users. The furniture, equipment and lighting will provide support to assist with self-regulation through a specific sensory experience and allow users to be their best selves.

Who is the Sensory Room for?

The Sensory Room is for everyone but is designed to provide users and their caregivers of all ages with Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), developmental disabilities, post-traumatic stress disorder (PTSD), cerebral palsy, memory loss, dementia and sensory processing disorders with a safe learning environment that also meets their sensory needs. The Sensory Room is also available for class visits and trips by organizations that serve children, teens and adults with special needs.

How do I Reserve the Sensory Room?

Accessing the Sensory Room is easy. The Sensory Room is available in 15 minute reservations per user per day; reservations can be made by visiting our website <u>www.ypl.org</u>. Patrons can find the Sensory Room by browsing our Services menu or going directly to <u>www.ypl.org/sensoryroom</u> and selecting the date and time you wish to reserve. Please speak with a staff member when you arrive and they'll open the door for you; please note that some equipment may only be available upon request. Children and teens must be accompanied by a caregiver. Schools and organizations that wish to organize a group trip or schedule activities should contact the Riverfront Children's Department at 914-337-1500 x427 or 914-375-7958 or email at <u>rivchildrens@ypl.org</u>.

What is in the Sensory Room?

The Sensory Room features furniture, equipment and tools that were carefully selected to provide users with a visually stimulating, tactile, soothing and interactive experience. The following pages contain information about what you will find in the Sensory Room. Please don't hesitate to ask a staff member if you need help or can't find a particular item.



Calming 60 Inch LED Bubble Tube and Platform *Experia USA*

The bubble tube utilizes LED technology to produce vibrant, changing colors that illuminate hundreds of bubbles that steadily flow through the 60 inch tube. Ideal for relaxation or calming, this bubble tube could also be used for de-escalating individuals with dementia.

The soft, white, vinyl platform fits securely around the tube and allows the user to sit up close and feel its vibrations. The platform is approximately 48"W x 48L" x 16"H.



Light-Up Rod Wall

TFH

The light-up rod wall allows users to express their creativity while also building fine motor skills and hand-eye coordination. The 144 acrylic pegs can challenge users' fine and gross motor skills as they slot them into pre-drilled holes to design and redesign any number of creative images.



Light Table

Jonti-Craft

The light table is effective in making subtle changes to a user's mood or making dramatic changes to enhance story time or other activities. It features 16 different LED lights and can be displayed in five different modes (solid, flash, strobe, fade or smooth) and brightness levels. The table operates via infrared remote and measures approximately 42.5"W x 22.5"D x 18.5"H.





Sensory Floor Tiles

Abilitations

Visually stimulating and appealing, the sensory floor tiles engage multiple senses at the same time. Colored liquid swirls and flows from one side to the other in different patterns as users touch or step on them. Each tile measures approximately 19.5" x 19.5" and is filled with non-toxic fluid.



Bean Bag Chairs

Classroom Select

The comfy and relaxing bean bag chairs are ideal for quiet study and learning in many flexible seating options and settings. The chairs are filled with styrofoam beads and covered in soft canvas fabric, measuring approximately 36"W x 28"D x 30"H.



Soft Rockers

Califone

The soft rockers comfortably cradle users as they gently sway back and forth, easing overstimulation and fidgeting. The rockers are foam-cushioned and faux-leather covered, and feature a plush tufted back and extra-padded headrest. They measure approximately 28"W x 17.5"D x 34"H and can support up to 225 lbs.





Cozy Shade Light Filters

Pacific Play Tents

These light filters relieve the pressure of fluorescent lights and soothe users who may be sensitive to visual stimulation or experiencing anxiety. All overhead lights in the sensory room are equipped with these filters.



Sensory Canopy

Experia USA

The Sensory Canopy is a system of fabric sheets that cover ceiling tiles and enhance the effect of other lighting elements and create an immersive environment.



LED Laser Star Projector

BlissLights Sky Lite

The Sky Lite projects thousands of drifting green stars against the walls and canopy above, providing a calming and soothing effect for users.



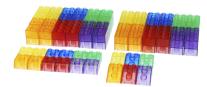
Tools and Manipulatives



Magnetic Building Tiles

Childcraft

Users of the magnetic building tiles will challenge their creativity, problem solving, critical thinking and coordination skills as they construct 3D objects. The tiles also assist in teaching basic mathematical concepts such as counting, addition and subtraction and will help develop spatial awareness. The tiles are translucent and available as squares, triangles and isosceles.



Translucent Module Blocks

TickiT

The module blocks are ideal for improving fine motor skills and identifying a range of colors and shapes. Imaginative constructions will look even more exceptional when used in

conjunction with the light table. The largest blocks measure approximately $2.5" \times 1.25" \times 1"$ and come in six different colors.



Sensory Ooze Tubes

TickiT

The ooze tubes are a good resource for either quiet focus and visual stimulation or easing anxiety and taking a break from screen devices as users manipulate the tube and ooze droplets form and fall from chamber to chamber. The ooze is made of colored oil and water and sealed in clear, color tinted plastic

bottles to be mess-free.



Hidden Sensory Discs

Sensory Playtivity

The sensory discs contain not only colorful beads but also 26 hidden alphabet beads that will provide users with a captivating, soothing tactile and visual experience while also improving focus and concentration as well as dexterity and fine motor skills. The discs are perfect for touching, squeezing and exploring; fidgety users will find them particularly stimulating.





Squishy Sensory Discs

Sensory Playtivity

The squishy sensory discs are tools that will provide individuals with special needs a captivating, soothing tactile and visual sensory experience. Users can knead and squish the discs to move the colorful gel beads inside to create fascinating, ever-changing scenes.



Touchable Texture Squares

Educational Insights

Users will build tactile awareness and vocabulary and matching skills as they identify what objects are scratchy, slippery, silky or soft.



Sensory Glitter Storm Set

TickiT

The glitter storm cylinders can create a calming effect as users manipulate the cylinders and the glitter contained inside slowly swirls around. The cylinders come in three different colors and measure approximately 5.5"H x 2"W each.



Fuzzy Fidgets

Tangle

The multi-colored fuzzy fidgets can provide stress relief and tactile sensory stimulation while also helping develop finger strength, fine motor skills and coordination.