



Under the auspices of Westchester Jewish Community Services (WJCS) and the Yonkers Office for the Aging

HELPING SENIORS AGE IN PLACE WITH A PURPOSE

# 2021 A YEAR IN PICTURES

Please enjoy our year in pictures with the Yonkers NNORC. Our second year as a NNORC and during COVID has been challenging but we were still able to assist seniors living in North East Yonkers, hold hybrid events, outreach and offer robust programming. Please join us next year and spread the word about our services and programs. Thanks for the Memories!

Here's to 2022.



Yonkers NNORC Staff:

Resource Specialist, Alexis Smith, Program Director, Sally Pinto, Community Aide/Driver Charlotte Haskins and Barbara Simone, RN (Barbara has moved on to other endeavors – we thank her for her service to our community)

Special Thank You to our 2021 Interns: Isaiah Headley and Mark Bennett

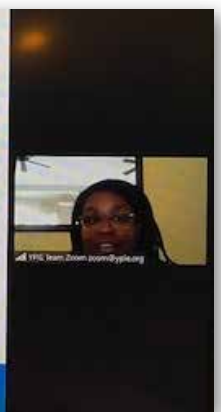
Judy Fink  
Director of  
Geriatric Services,  
WJCS

Kelly Chiarella  
Director of  
Yonkers Office  
for the Aging



## YPIE Tech Squad Overview

The YPIE Tech Squad is a talented group of YPIE Scholars who provide technical assistance to retired individuals in our community



**YPIE Tech Squad** was instrumental in registering seniors for the COVID Vaccine as well as helping them with their technology



### Health and Wellness

*NNORC at 9 with the Yonkers Public Library, Vision Boards, Activity Packets, YOM Walks and our Yoga leaders, Karl Rempe, Charles Montoya, Helena Svedin, Elaine Fedyk, Michael Pappa, Mandy Engelke, Nancy Guzman, Shannon Reilly, Dr. Rubina Heptulla, Catherine McGibney*



### Community Outreach



**Hybrid Programming:  
Bingo**



**Gardening Indoor Outdoor**  
 with Katherine Sutton



**Sustainable You  
Program Series**  
 with Jacqueline Leone



**Virtual Programs:** Mark Bennett Ausar Bennett, Edward Rogoff, Jeremiah Drummond, Mike Teator, Phil Chopak, Tau Bennett, County Executive George Latimer, Teresa Pereira and Julie Larkin

Feeding Westchester and the Yonkers NNORC presenting at the Yonkers Public Library. Eating healthy demo with an Avocado Salad!



Cooper: Happy to Help in Getting the word out about the Yonkers NNORC (Neighborhood Naturally Occurring Retirement Community) Helping Seniors Age in Place with A Purpose



**Celebrating the Holidays**



**Kindness Rocks**



**Local Talent**



## A Special Thank You to the Following Workshop Speakers and Program Leaders

### NewYork-Presbyterian Network

Dr. Elan Goldwaser, Dr. Roy Oommen, Jay Hudgkins  
Dr. Igor Zilberman, Dr. Ahmad Raza, Dr. Lawrence Koutcher,  
Dr. Joseph Alukal, Dr. Jay Bauman, Dr. John Ausiello, Dr. Nathaniel Kratz,  
Carena Lowenthal, Alyssa White Holland and Ellen Bloom

### St. John's Riverside Hospital

Dr. Rajendra Rampersaud, Dr. Steven Francescone, Dr. Maria Lufrano,  
Dr. Michael Ficazzola, Shari Rosenberg, Nancy Annabi,  
Denise Mananas, Candice Cousins-Hopkins

### Jessica Flores

Alzheimer's Association

### Roberta Goodman, ESQ

Susan Carroll, ESQ

Pace Women's Justice Center

### Samantha Lyons, ESQ

Sara Meyers, ESQ

Enea, Scanlan & Sirignano, LLP

### Kim Eierman, EcoBeneficial

### Michelle Amare

Blue Door

### Denise Bloise

American Red Cross

### Rose Simone, OTR/L

### Dr. Lucy Simone, PT/DPT

### Edward Rogoff

Professor, Author and Entrepreneur

### Talented Performers of Concerts in Motion

### Christine Arcuri, Christina Foschini

### Dr. Nan Hyland and Dr. Kathleen Golisz

Mercy College "Walk With Ease"

### New York State Senator Shelley Mayer

### Friends of Crestwood Library

### Yonkers Public Library Foundation

### Jackie Leone, Phil Chopak, Z

### Crestwood Crew

### NNORC Volunteers

### Alyssa Advincula

Feeding Westchester

### Mariachi Artístico

### Leo Asen

Executive Council AARP NYS

### Angelo Coppola

Pane e Cioccolato Band/DJ

### Jeremiah Drummond

Precubs of Love

### Satish Gambhir

### Nancy Guzman and Nicole Stewart

AETNA

### Dr. Rubina Heptulla

Millennium Medical & Rehab

### Julie Larkin

### George Latimer, Westchester County Executive

### Harrison Malaga

### Charles Montoya

Hard Knocks Boxing Club

### Teresa Pereira

PearTree Painted

### Barbara Simone, RN

Yonkers NNORC

### Alexis Smith

Yonkers NNORC

### Katherine Sutton

### Mike Teator

### Westchester County Legislator Ruth Walter

### Mark, Tau and Ausar Bennett

Art with Mark

### East Yonkers Kiwanis Volunteers

### Crestwood VolunTeens

### Irvington Student Volunteers

### YPIE Tech Squad

## YONKERS NNORC ADVISORY BOARD

### Mike and Joan Abelson

### Nancy Annabi

St. John's Riverside Hospital

### Z Baird

Yonkers Public Library

### Mike Breen

Minority City Council Member, City of Yonkers

### Kelly Chiarella

Yonkers Office for the Aging

### Aurora Cruz

Yonkers Public Library

### Henry and Rosemarie Doerr

AARP

### Mary Dupree

### Judy Fink

WJCS

### Connie Gentile

### Anietra Guzman-Santana

JCY Westchester Community Partners a division  
of FSSY

### Kirsten Hashim

Yonkers Office for the Aging

### Alisa White Holland

NewYork-Presbyterian Lawrence Hospital

### Alan Houston

Yonkers Public Library

### Denise Mananas

St. John's Riverside Hospital

### Dr. Joan O'Gorman

### Claudia Polite

### Colette Phipps

Livable Communities Initiative, Westchester  
County Department  
of Senior Programs and Services (WCDSPS)

### Sally Pinto

Yonkers NNORC

### Dr. Edwin M. Quezada

Yonkers Public Schools

### Michael Sabatino

Government Affairs at City of Yonkers

### Alexis Smith

Yonkers NNORC

### Katherine Stepicevic

Crestwood Senior Outreach

### Steve Wagner

Armour Villa Home Association

### Sam Wallis

Yonkers Partners in Education (YPIE)

### Carolyn Walsh

Linda Youngren  
Crestwood Senior Outreach